

Daily Routines

12 Card Lesson Pack

A complete, ready-to-print beginner ESL lesson with flashcards, worksheets, speaking practice and teacher guidance.



wake up



eat breakfast



study



sleep

Inside: 12 full-page cards, 12 smaller word cards, four worksheets, a movement game, lesson plan and teacher notes.

Welcome to your Daily Routines pack

What this pack includes

1

12 image-only flashcards

Present and practise the target actions.

2

12 image-and-word cards

Use for pair work, sorting and games.

3

Two study worksheets

Build recognition, spelling and simple sentence confidence.

4

Two play worksheets

Give learners repeated speaking practice.

5

Movement game

Human Routine Line gets every learner moving and speaking.

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Teacher lesson plan

LEVEL

A0-A1 beginner

TARGET LANGUAGE

I wake up / I eat breakfast / I go to school.

MATERIALS

This pack, scissors, pencils and tape.

PREPARATION

Print full-page cards and cut the smaller cards if needed.

LEARNING GOALS

Name daily routines, sequence a day, and say simple routine sentences.

Suggested lesson flow

- 1 0-7 min** Show the image-only cards. Learners repeat and add an action gesture.
- 2 7-15 min** Use the small image-and-word cards for quick matching and sequencing.
- 3 15-27 min** Complete a study worksheet. Model one item first, then check together.
- 4 27-37 min** Use one play worksheet for pair speaking.
- 5 37-45 min** Play Human Routine Line and finish with a spoken exit check.

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



wake up

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



get dressed

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



brush your teeth

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



eat breakfast

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



go to school

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



study

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



play

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



eat dinner

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



do homework

Full-page visual flashcard

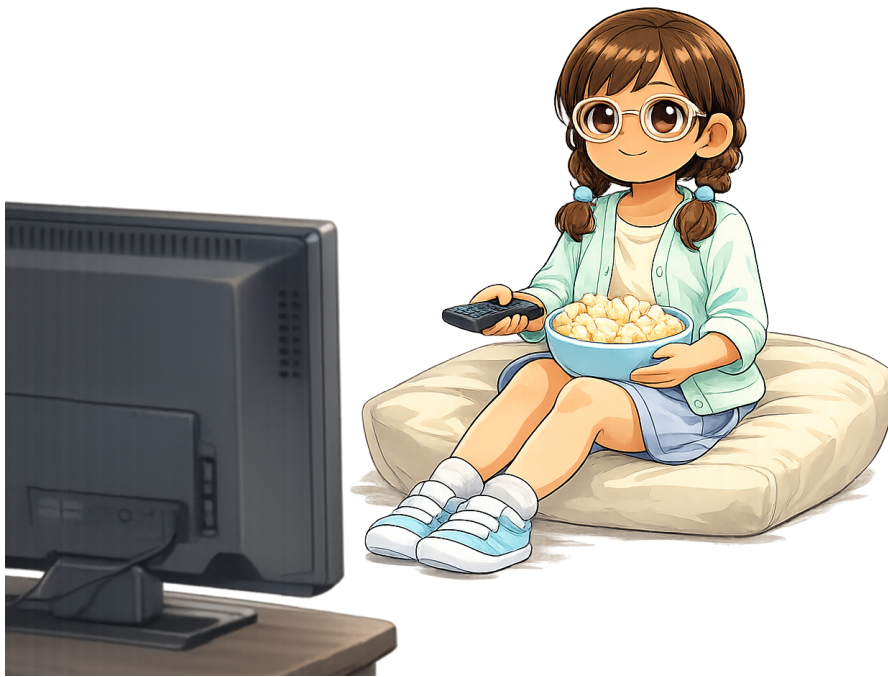
Show the picture first. Invite learners to say or mime the action before revealing the word.



read

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



watch TV

Full-page visual flashcard

Show the picture first. Invite learners to say or mime the action before revealing the word.



sleep

Image-and-word flashcards

Cut along the pale borders. Learners say the action before keeping a card or placing it in order.



wake up



get dressed



brush your teeth



eat breakfast

Image-and-word flashcards

Cut along the pale borders. Learners say the action before keeping a card or placing it in order.



go to school



study



play



eat dinner

Image-and-word flashcards

Cut along the pale borders. Learners say the action before keeping a card or placing it in order.



do homework



read



watch TV



sleep

Study worksheet 1 - Picture match

Name: _____ Date: _____

Look at each picture. Draw a line to match it to the correct daily routine.



get dressed



watch TV



do homework



sleep



study



wake up



go to school



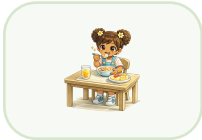
eat breakfast

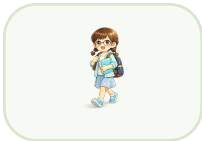
Study worksheet 2 - Write and sequence

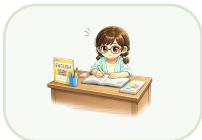
Name: _____ Date: _____

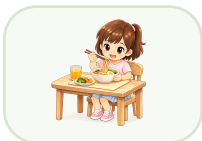
A. Look at each picture. Write the daily routine.

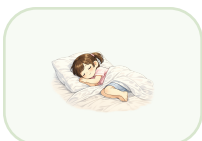












B. Number these routines from 1 to 4.

_____ sleep

_____ eat breakfast

_____ wake up

_____ go to school

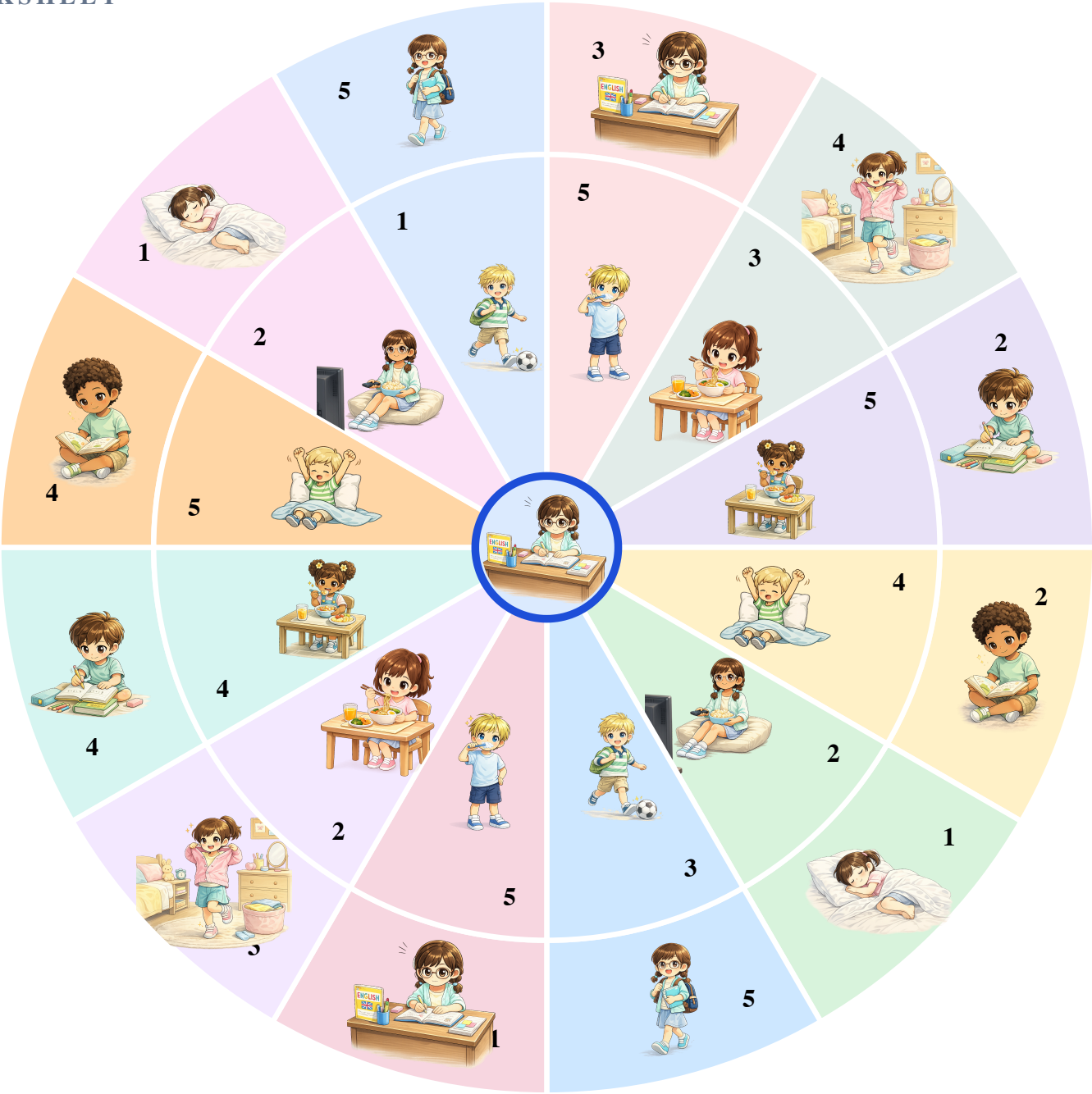
Daily Routines Tic-Tac-Toe

 read	 eat dinner	 get dressed	 sleep	 eat breakfast	 play
 study	 wake up	 do homework	 read	 eat dinner	 get dressed
 watch TV	 go to school	 brush your teeth	 study	 wake up	 do homework
 watch TV	 go to school	 brush your teeth	 study	 wake up	 do homework
 sleep	 eat breakfast	 play	 watch TV	 go to school	 brush your teeth
 read	 eat dinner	 get dressed	 sleep	 eat breakfast	 play

Daily Routines Bullseye

CLASSENDO WORKSHEET

Name: _____



Movement game - Human Routine Line

Set-up

Give 12 learners, pairs, or groups one daily-routine card. If your class is smaller, give some learners two cards.

How to play

- 1 Learners walk around and say their card to classmates.
- 2 They work together to stand in the order the routines happen in a day.
- 3 Starting with wake up, each learner says: I wake up / I eat breakfast / I go to school...
- 4 The class checks the line together. Swap cards and play again faster.

Teacher language

What do you do first? What do you do after school? Please stand in order. Say your action to the class.

Easier variation

Put the full-page cards around the room in order. Learners walk to the card they hear, point and repeat.

Teacher notes and answer guide

Worksheet answers

Picture match:

sleep, go to school, wake up, watch TV, eat breakfast, get dressed, study, do homework.

Write and sequence:

wake up, eat breakfast, go to school, study, eat dinner, sleep. Sequence: wake up, eat breakfast, go to school, sleep.

Teaching tips

- Keep the word cards visible for early readers, then hide them for a challenge.
- Accept a gesture, pointing or a one-word answer before expecting a full sentence.
- For mixed-level groups, ask stronger learners to add a time: I wake up at seven.
- The pack is complete without an account. Classendo.com has more free printable and interactive resources.

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